



# “Littles”

## Youth Cooking Camp

### July 22-26, 2019

For children entering: **K-2 Grade**

To register, please fill out the application form  
on the reverse side and return it to the NCRD Welcome Center.  
Registration is on a first come, first served basis. Questions?  
Call 855-444-6273



Cooking camp will broaden children's understanding of culinary arts, and nutrition. Participants will have fun hands-on experience harvesting crops, preparing food and creating kitchen crafts. Cooking projects will emphasize health and nutrition education, celebrate diverse multicultural culinary traditions, and leverage partnerships with local organizations, farms and restaurants.

# "Littles" Cooking Camp



For children entering: K-2 Grade  
Limit: 25 children, first come first served basis  
July 22-26, 2019, 9:00 am to 3:00 pm.

Fee: \$20. If requested, Grub Club lunch is free.

**Please drop off and pick up children in the Kitchen, on time.** If you need additional child care before and/or after camp, please contact the NCRD Welcome Center at 855-444-6273.

Please fill out the registration form below completely. Incomplete forms or forms without payment will not be considered.

Questions? Contact the Welcome Center at 855-444-6273 or email [kileyk@ncrdnehalem.org](mailto:kileyk@ncrdnehalem.org).

**\*Camp confirmations will be sent via email.**

Grub Club Lunch?       yes       no  
(Grub Club is unable to accommodate special dietary concerns)

Child's Name: \_\_\_\_\_ Entering Grade: \_\_\_\_\_

Parent/Guardian Name (print): \_\_\_\_\_

Physical Address: \_\_\_\_\_  
City State

Mailing Address: \_\_\_\_\_  
City State

Phone: Home \_\_\_\_\_ Work \_\_\_\_\_ Cell \_\_\_\_\_

\*Email Address: \_\_\_\_\_

Emergency Contact, Name and Phone Number: \_\_\_\_\_

Food or Medical Concerns: \_\_\_\_\_

**Liability Release:** I agree to hold North County Recreation District, and /or their employees, agents, representatives, instructors and volunteers harmless from any and all claims, dues, or demands arising from participation in their program. I, for myself, my heirs, executors, administrators and assigns, forever waive, release and discharge any and all right, demands, claims, and causes of suit or action, known, or unknown, that I may have against any and all participating employees, sponsors, contributors, supporters, volunteers, and directors, officers, agencies of such parties, for any and all injuries and damages in any manner arising or resulting from my child's participation in North County Recreation District's programs/classes. I attest and verify that I have full knowledge of the risk in this activity, including but not limited to falls and/or contact with other participants: that I assume those risks, and that my child is physically fit and sufficiently trained to participate in this activity. I have read the information provided for the activity and certify my compliance by my signature. I certify that information provided on this form is true and complete.

**Medical Release:** I, the undersigned, do hereby authorize North County Recreation District to contact directly the persons named on this form and do authorize the named physicians to render treatment as may be deemed necessary in an emergency, for the health of my child. In the event physicians, other persons named on this form, or parents cannot be contacted, members of North County Recreation District staff are hereby authorized to take whatever action is deemed necessary, in their judgment, for the health of my child. I will not hold North County Recreation District financially responsible for the emergency care and/or transport of my child.

**Photo Release:** I hereby grant to North County Recreation District and to its employees the right to photograph my dependent and use the photo and or other digital reproductions of him/her or other reproductions of his/her physical likeness for publication processes, whether electronic, print, digital or electronic publishing via the internet.

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_